



## Word from the editor

Dear Toastmasters,  
Dear Friends of Toastmasters,

We had a wonderful meeting full of surprises. We had to deal with an absent table topics master, who was not absent at all and an impromptu general evaluator, who was still suffering from jetlag and our president Niko had great assistance from Evelyn in pronouncing the word Pardubice ... one could see, that Toastmasters are used to teamwork!!!

Rolf made us laugh with comments like „At one point we should vote for the best evaluator, is this point now?“. Despite the jetlag he had a really good reason to be confused. Rolf was accepting a Lifetime Achievement Award of the „Society of News Design“ ([www.snd-org](http://www.snd-org)) in Boston on October 13<sup>th</sup>, 2007 (more information on page 7). And I can imagine, that this is indeed a very exciting moment in his life!

It was a wonderful and so funny and well presented table topics session, which made us think about wonderful things: „What are we thankful for“. And I agree with Joe, that we sometimes forget about the fact, that there are so many things we should be thankful for. And even when it seems like disaster, you never know. As Viennese people use to say: „Wer weiß wozu's gut ist?“ From my point of view I have to say: I was thankful that I skipped this question because there are so many things I am thankful for, I would not have stopped talking for a long time :-))).

We listened to two very interesting speeches held by Royce, who was giving a very good icebreaker and Andrea Lapitza, who has reached with the interesting speech about jogging halftime on her way to become a successful Competent Communicator and in this way contributes to the achievement of the President's Distinguished Club Award!

And as the speeches were so excellent, they both won the First Price!!! Thanks to our brilliant and perfectly prepared Toastmaster of the evening Megan they did not even have to share the price, but got their own ribbon!



And ... what a joy! We had the pleasure to welcome 3 new members. The ladies were inducted by Martha, VP Membership. Anita Himmelsberger, Anna Steinhardt and Bettina Kirnbauer, again a very warm welcome to our club!!

Best regards, Andrea Hierman

## Toastmasters & WWW

[Homepage Vienna Toastmasters](#)

[Toastblog](#)

[Toastmaster International](#)

[District Fall Conference Vienna](#)

If you have any questions, ideas, suggestions for improvement, we would love to hear from you. Please find below the names of the executive committee (period 2007/2008).

<a href="#">Niko Viramo</a>	(President)
<a href="#">Megan Castek</a>	(VP Education)
<a href="#">Martha Auer</a>	(VP Membership)
<a href="#">Walter Grassl</a>	(VP Public Relation)
<a href="#">Christian Halter-Koch</a>	(Treasurer)
<a href="#">Andrea Lapitza</a>	(Secretary)
<a href="#">Ivan Berlakovich</a>	(Sergeant at Arms)
<a href="#">Andrea Hierman</a>	(Newsletter Editor)

## We meet

1<sup>st</sup> + 3<sup>rd</sup> Tuesday  
every month

Hotel Mercure Biedermeier,  
room „Ziererstube“  
1030 Landstr. Hauptstr. 28, Tel: +43 1716710  
from 7-10 pm (incl. 1 hour dinner break)

All guests are welcome to join us and experience, what's Toastmaster's all about!

Just show up at the next meeting, or mail to

[toastofvienna@yahoo.com!](mailto:toastofvienna@yahoo.com)





## Club business

### Conferences

**November 3<sup>rd</sup>, 2007:** Division Contest (Pardubice)

**Nov.23<sup>rd</sup> – 25<sup>th</sup>, 2007:** District 59 Fall Conference in Vienna - Sign up: [www.conference.district59.org](http://www.conference.district59.org)



### Briefing Registration Specialists:

**Thursday, November 22nd, 2007**  
**18.30 hours**  
at the Alcon office (Mariahilferstraße 121b, 1060 Wien, Tel. 01/5966970/17)

### Briefing Tour Guides:

**Thursday, November 15th, 2007**  
**18.30 hours**  
at Marriott Hotel, Parkring 12, 1010 Wien

### Important notice: Speeches on Video

At the beginning of the season I announced to work out a solution to load the speeches up to the „members only“ section of our website.

It turned out that the upload would not be put on our website restricted to the members only (though open to the public) and that the quality would not be as good as on the original DVD-version due to compression.

Therefore we continue using the DVD on a regular basis.

For compensation for one DVD the Club charges EUR 2,-, since the DVDs are costly.

**If you bring back the DVD, you will get back the compensation.**

In case you would like to upload your speech to a website or make it possible for your family/friends to watch and listen to your speech (without sending the DVD physically) don't hesitate to [contact me](#).

TM Monika Nagl

## Division Conference in Pardubice

You can find the complete invitation (including registration form) at our [Toastblog](#):

Pardubice Enthusiasts Toastmasters International Club cordially invites you to the

**DIVISION D CONFERENCE, November 3, 2007**  
**Assembly Hall of the City Hall**  
**Pernštýnské square no. 1 - historical city centre, Pardubice, Czech Republic**

**Registration fee:** EUR 15 (payable at registration (please have exact amount))

**Dinner:** EUR 15,--

**Accommodation:** University hostel (approx. EUR 5-10/night) or choice of hotels

**Transportation:** train to the Pardubice Vienna-Pardubice 7.32 - 11.25 and back 19.23 - 23.58)

**Information:** [jiri.orava@upce.cz](mailto:jiri.orava@upce.cz),  
+420 736138814  
[valerie.wagnerova@upce.cz](mailto:valerie.wagnerova@upce.cz)  
+420 602487730



## Club business

### A field report on: Area Conference in Zagreb, October 13th, 2007

Meeting time 5.30 at Wien Südbahnhof! A scary idea? On October 13rd, 2007 not for Toastmasters, who gathered to go to the Area Conference in Zagreb. All of us arrived fresh and jolly (either because of hurry or because of excitement) at Südbahnhof. The ride by train was very comfortable and diverting, although it took 7,5 hours. The beautiful landscape we passed, curiosity and fun spinned away the hours.

Klub Toastmastera Zagreb ([www.toastmasters.hr](http://www.toastmasters.hr)), the hosting club of the Area Conference, was set up about one year ago by a group of enthusiastic young people in Zagreb. This first club in Croatia already boasts of a membership body consisting of approximately 50 Toastmasters. The young age of the club did not prevent from hosting the Area Conference this year. And it was a real professionally organized event, where we felt warmly welcomed and well hosted.

We arrived at Zagreb main railway station (by bus, but that's another story) at almost 2 p.m., but fortunately the conference location was just opposite to the station. So we could easily get there and have some refreshments from the delicious Croatian buffet before the event started.

First we had a very inspiring workshop on Leadership. **TM Niko Viramo** introduced us his „**Leadership dance**“. It was a very inspiring hour. TM Niko encouraged us to climb the summit and spiced his lecture with personal experiences.

After the first workshop the first highlight of the afternoon (and for some of us very tense minutes) took place: The **Table Topics Contest**. From our Club **TM Liz Kummer** & **TM Andrea Lapitza** participated. The VIC club was presented by **TM Hilda Mwathi** & **TM Claire Edwards**. Congratulation! It needs a lot of courage to speak off the cuff in front of an audience of approx. 30 heads.

After the contest and a short break (delicious Croatian bakeries!) our Area Governor, **TM Günther Aschenbrenner** coached us on different **leadership styles and teambuilding**.

And then – the second highlight of the afternoon: The humorous speech contest! **TM Andrea Hierman** and **TM Maria Zwanikken** delivered speeches to

laugh – and to think. It was fun and inspiration as well.

**TM Hilda Mwathi**, our immediate past Area Governor, provided us in her workshop „**What stops you from greatness**“ with ideas to manage our work life balance and personal growth.

In the evening we had a gorgeous dinner in the city. Afterwards some Toastmasters ...went to bed a bit late.

On Sunday the Klub Toastmastera Zagreb invited us for a city tour! And that was another (unexpected) highlight! We got to know the beautiful and historical sides of Zagreb. It was a very enjoyable and interesting tour. Klub Toastmastera made the city tour to an entertaining event by vivid teamwork and personal tips (the best cafes etc.).

It is always nice to enjoy the time together with Toastmasters, to mingle, to exchange ideas, to have fun. And conferences are a great opportunity to do so: meet Toastmasters from other clubs, learn from workshops and in case: beat the challenge of a contest. Especially if the conference is well organized such as it was in Zagreb.

The next upcoming Conferences are: Pardubice (CZ) on November 3<sup>rd</sup>, 2007 and in Vienna on November 23<sup>rd</sup>-25<sup>th</sup>, 2007! Don't miss it!

Are you curious to know the winner of the Contests? Here they are:

#### **Table Topics Contest:**

- 1. Place: TM Hilda Mwathi (VIC)**
- 2. Place: TM Claire Edwards (VIC)**

#### **Humorous Speech Contest:**

- 1. Place: TM Maria Zwanikken**
- 2. Place: TM Andrea Hierman**

Congratulation! We are proud of you! And good luck for the upcoming Division Contest in Pardubice!

TM Monika Nagel

If you are interested in Fotos from Zagreb visit

<http://www.flickr.com/photos/toastmasters/>



# Vienna Toastpost

Vienna Toastmasters Club 551, www.toastmasters.at



## Our vision

Vienna Toastmasters exists to empower its members to achieve full potential, both professionally and personally.

We strive for continuous improvement in our communication and leadership skills, thereby empowering our members to embrace dynamic changes and giving them a courage to be successful leaders.

**It is our vision to become the leading Toastmasters club in Europe!**

Our **CORE VALUES** are integrity, dedication to excellence, service to the member, and respect for the individual.

## Our mission

The Mission of the Vienna Toastmasters Club is to provide a friendly, positive and creative atmosphere; where members actively participate to improve their thinking, listening, speaking and leadership skills.

Effective, well organized, productive meetings are conducted in a lively, fun-filled manner.

Members are challenged to achieve and surpass their personal goals through constructive evaluation and feedback promoting improved self-esteem, confidence and personal growth.

Guests and new members from the community are always welcome.

# MISSION POSSIBLE

## Distinguished club program

### Goals to achieve

Following are the goals we should strive to achieve during the year.

goal #	status	who has achieved
2 CCs	0	
2 more CCs	0	
1 ACB, ACS or ACG	0	
one more ACB, ACS or ACG	0	
1 CL, ALB, ALS or DTM	✓	Renate Dorner (CL)
one more CL, ALB, ALS or DTM	✓	Günther Aschenbrenner (CL)
4 new members	✓	Wolfgang Löber, Royce To, Anita Himmelsberger, Alexander Rueprecht
4 more new members	✓	Deborah Coward, Bettina Kirnbauer, Anna Steinhardt, Zoltan Vandor
4 officers trained twice a year	0	
Membership dues renewal report and club officer list submitted on time	✓	
At least 20 members OR and net growth of at least 5 new members	✓	



Distinguished Club Program and Club Success Plan








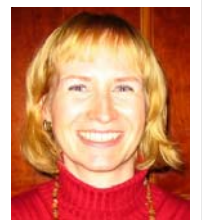







### Recognition

5 goals achieved: **Distinguished Club**  
 7 goals achieved: **Select Distinguished Club**  
 9 goals achieved: **President's Distinguished Club**

CC *Competent Communicator*  
 ACB, ACS, ACG *Advanced Communicator Bronze, Silver or Gold*  
 CL *Competent Leader*  
 ALB, ALS *Advanced Leader Bronze or Silver*  
 DTM *Distinguished Toastmaster*



## Participants of this meeting

	Please send your foto to the e-mail-address at the bottom of this page.  Thank you!  <b>Martha Auer</b>				
Please send your foto to the e-mail-address at the bottom of this page.  Thank you!  <b>Anita Himmelsberger</b>	Please send your foto to the e-mail-address at the bottom of this page.  Thank you!  <b>Joe Knehs</b>	Please send your foto to the e-mail-address at the bottom of this page.  Thank you!  <b>Bettina Kirnbauer</b>			
					
	Please send your foto to the e-mail-address at the bottom of this page.  Thank you!  <b>Maria Zwanikken</b>				

If there is no photo above your name, please send it to me: [andrea.hierman@alconlabs.com](mailto:andrea.hierman@alconlabs.com).

### Guests:

- Karl Biedermann**
- Harald Mattenberger**
- Zoltan Vador**
- Leo Ziegler, DTM**





## Meeting details

### Functions

TM of the evening: Megan  
 Table Topic Master: Joe  
 General Evaluator: Rolf  
 Timer: Andrea L.  
 Grammarian: Andrea H.  
 Ah-Counter: Evelyn  
 Video Master: Monika  
 Ballot Counter: Heidi  
 Joke Master: Christian  
 Evaluator: Niko  
 Andrea H.

### Word of the day

**immutable**

*unchangeable*

**example:**

*the planets move in immutable orbits*

**Who used the word of the day:**

Joe  
Royce (in his icebreaker speech!!!)

### Table Topics

What are you thankful for!

### Prepared Speeches



Title	Project/Manual	Name	evaluated by
Icebreaker	C1	<b>Royce</b>	Niko
Jogging	C5	<b>Andrea L.</b>	Andrea H.

## AND THE AWARDS GO TO ...

Best Speaker: **Andrea L. & Royce**  
 Best Table Topic Speaker: **Maria**  
 Best Evaluator: **Niko**





## This & that

### Highest Award for Newspaper Designer Rolf F. Rehe

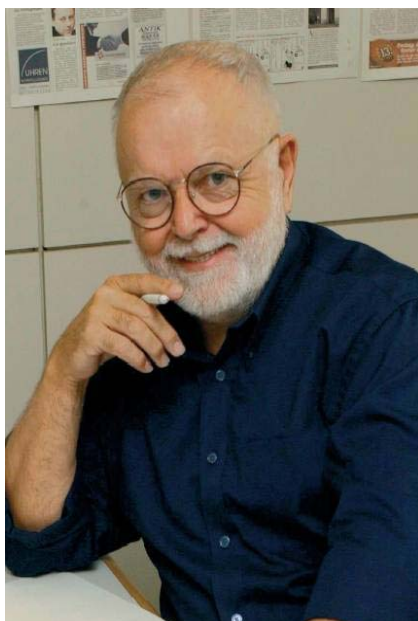
On October 13th, 2007 one of our Toastmaster members, Rolf Rehe, was honoured with a Lifetime Achievement Award of the „Society for News Design“ in Boston.

He was introduced with the following words, and I think that it is very interesting to hear about the life of Rolf. Many things might be familiar to the one or the other of you, but I learned a lot of new aspects about Rolf.

*He began his career as a typesetter back in the days of hot metal at a small paper in the south of Germany. He then moved to New York and learned about the American newspaper industry. Later, he studied psychology, graphic design and journalism at Indiana University.*

*He was drawn to the theories of Sigmund Freud but quickly discovered a more interesting field: the perception of type. Rolf collected over 300 studies on this phenomenon and turned them into his first or two books. His books have been published in English, French, Spanish and German.*

*Next Rolf turned to teaching. He became a professor at his alma mater, and taught for more than 10*



*years at Indiana University. You could say, he's been a teacher to many of us for decades.*

*In 1979 Rolf was a founding member of SND. He attended the initial API meeting and later was one of the signers of the group's charter.*

*After the university, Rolf turned to consulting. He travelled the world redesigning papers in more than 35 countries on six continents. In the 90s, Rolf moved back to the old world, to Vienna, Austria, where he still works today and helped found SND-DACH, the German-speaking affiliate of SND. Today Rolf takes it a little easier. Fewer clients get his attention, but he's still one of the industry's most passionate defenders of typography.*

By honouring Rolf Rehe with the „Lifetime Achievement Award“ for his impact on the international newspaper design, for the first time a designer in Europe was awarded. Rolf was particularly awarded for his contribution and his engagement for the realization of typographic quality in the medium “newspaper”. Here some background information about Rolf's career.

Rolf Rehe started his career in the years of 1950 as typesetter apprentice at the Swabian “Haller Tagblatt”. Since 1983 Rolf works worldwide as newspaper designer. His work brought him into 35 countries, and he provided over 100 newspapers with a new layout. In Germany he implemented among others the re-design for the “Handelsblatt, the “Rheinische Post” and the “Hessische Allgemeine. In Austria for “Die Presse”, the “Vorarlberger Nachrichten” and the „OÖNachrichten“. The „Miami Herald“ in the USA, „La Nacion“ in Argentina and „Deccan Herald“ in India are some of the international re-designs of Rolf Rehe.

Rolf is also author of books about newspaper design and typography as well as numerous contributions in the German and International specialized press.

**Once again our congratulations for this very special award!**



## New member



**Anna  
Steinhardt**

born in: Harrisburg, Pa. USA  
birthday: July 19th

### Some words about your profession?

Since I am daily in different businesses in Vienna as an English trainer, my work day always has a fun variety of interesting clients to „edu-tain“ (education-entertain!)

### Your middle name?

Michele

### A childhood memory?

Pretending to be Tanto from „The Lone Ranger“ TV show, racing my pony through the woods

### The most beautiful thing you can buy for money?

Early retirement!

### A bad habit?

Spider Solitaire

### A weakness you should be forgiven for?

Impatience

### My ideal Sunday breakfast starts with...

Eggs Benedict and/or a Mimosa!

### Love is ....

beautiful

### What do you want to learn in future?

How to be a millionaire

### How did you come to Toastmasters?

Renate Dorner invited me

### Which three things would you take along to a deserted island?

My husband, my bible, and a GPS

### What do you always carry in your handbag/wallet?

pictures of my children, business cards, and hopefully money!

### Your favourite holiday destination?

anywhere it is warm and sunny- I am not picky!

### My last sentence should be (when I die)?

Live life to the fullest and without regret

### My career aspiration when I was a child?

to have an orphanage

### Your hobbies?

reading, hiking, rock climbing, biking, horse riding...

### A clever sentence which is not from you?

„The most honorable revenge is the one not taken“



## Member of this issue



**Andrea  
Lapitza**

born in: Vienna  
birthday: June 11th

### **Your middle name?**

Helga (after my godfather)

### **A childhood memory?**

Softtoys I got from my relatives

### **The most beautiful thing you can buy for money?**

self made food

### **A fad?**

Sleep with curler

### **A weakness you should be forgiven for?**

Impatience

### **My ideal Sunday breakfast starts with...**

Hot water, tea or coffee, cereals, fruit, special bread, cheese

### **Love is ....**

a present

### **What do you want to learn in future?**

The way money will work for me

### **How did you come to Toastmasters?**

I read an article about Henkel Toastmaster Club in a newspaper, then I looked for „Toastmasters“ in the internet and the wrote an email to Vienna TM Club and TM Alois Kroiss invited me to come to a meeting.

### **Which three things would you take along to a deserted island?**

Fresh water, my glasses, boat to return

### **What do you always carry in your handbag/wallet?**

Little mirror, my contact lens, several keys, a ball-point, my calendar, purse, hankys, calculator, lipstick, hairpins, several cards

### **Your favourite holiday destination?**

somewhere in the sun

### **My last sentence should be (when I die)?**

It was a wonderful life.

### **My career aspiration when I was a child?**

detective for a secret service

### **Your hobbies?**

doing sports, relaxing on the sofa, reading

### **A clever sentence which is not from you?**

A day without a laugh is a lost day.