



Word from the editor

Fellow Toastmasters,
Dear Friends of Toastmasters,

As I did not manage to send out the Toastpost last time, this issue is a double feature and provides information about the meetings on December 4th and 11th, 2007.

We had it all. Two excellent icebreakers from Bettina and Zoltan. They provided us with much information about themselves, for example Bettina told us, how she kind of „deals with drugs and crime“ and additionally we learned that there is an „Alexander-Technik“ (which I found very interesting and googled immediately) and Zoltan gave us private insights about jobs he would NEVER mention in his resume and how time got limited when he grew older.

Liz talked about how „Lives is all about decisions“ and Annette started her story telling manual with the tale of „The clever farmer’s daughter“. And then Peter ... he told us how to manage frustration on the example of his trial to „dance like his mentor“ (Alois). Andrea managed dancing with Peter without any frustration and showed us in the next meeting how her 24th of December looks like. And let me say, sometimes it is not only same procedure like every year, it is sometimes even same procedure in every family.

Christian motivated us to set our goals. Again I think the example „driving a car without knowing where to go“ is extremely well chosen. Because with not defining our goals we do exactly that. And ... we had a very experienced Toastmaster as our guest . Hans Hartmann visited our club, attracted by seeing a new location for the club and he gave an impromptu speech about

„Toastmastering“. Like Joe said: Don’t leave your house without a speech on your sleeves.

And we had 2 awesome table topics sessions. Mario let us talk about Holy Barbara. This was very challenging and additionally we learned a lot about Holy Barbara. And Liz wanted us to spend Christmas in the Royal’s shoes. Let it be the Queen, princes Harry, William or Charles, one of the dogs or the old teapot, it was also extremely challenging and enjoyable.

On December 11th, 2007 we had two inductions: Welcome Karl and Laurenz!!! At some point of the induction they even feared, that they would be married at the end of the evening, the question was only whom to kiss after the ceremony.



Last but not at all least I would like to mentioned two very well prepared Toastmasters of the evening, Monika and Peter, who did an extremely good job in leading us through the evening.

So from my side - as I will not be able to attend the next meeting - I wish you a Merry Christmas & a Happy New year and I am looking forward to seeing you all in 2008.

Cheers, Andrea

Toastmasters & WWW

[Homepage Vienna Toastmasters](#)

[Toastblog](#)

[Toastmasters International](#)

 [Speaker’s Bureau](#)

If you have any questions, ideas, suggestions for improvement, we would love to hear from you. Please find below the names of the executive committee (period 2007/2008).

- | | |
|---------------------------------------|----------------------|
| Niko Viramo | (President) |
| Megan Castek | (VP Education) |
| Martha Auer | (VP Membership) |
| Walter Grassl | (VP Public Relation) |
| Christian Halter-Koch | (Treasurer) |
| Andrea Lapitza | (Secretary) |
| Ivan Berlakovich | (Sergeant at Arms) |
| Andrea Hierman | (Newsletter Editor) |

We meet

1st + 3rd Tuesday
every month

Hotel Mercure Biedermeier,
room „Ziererstube“
1030 Landstr. Hauptstr. 28,
Tel: +43 1716710
from 7-10 pm (incl. 1 hour dinner break)

All guests are welcome to join us and experience, what’s Toastmaster’s all about!

Just show up at the next meeting, or mail to

[toastofvienna@yahoo.com!](mailto:toastofvienna@yahoo.com)





Vienna Toastpost

Vienna Toastmasters Club 551, www.toastmasters.at

Our vision

Vienna Toastmasters exists to empower its members to achieve full potential, both professionally and personally.

We strive for continuous improvement in our communication and leadership skills, thereby empowering our members to embrace dynamic changes and giving them a courage to be successful leaders.

It is our vision to become the leading Toastmasters club in Europe!

Our **CORE VALUES** are integrity, dedication to excellence, service to the member, and respect for the individual.

Our mission

The Mission of the Vienna Toastmasters Club is to provide a friendly, positive and creative atmosphere; where members actively participate to improve their thinking, listening, speaking and leadership skills.

Effective, well organized, productive meetings are conducted in a lively, fun-filled manner.

Members are challenged to achieve and surpass their personal goals through constructive evaluation and feedback promoting improved self-esteem, confidence and personal growth.

Guests and new members from the community are always welcome.

MISSION POSSIBLE

Distinguished club program

Goals to achieve

Following are the goals we should strive to achieve during the year.

goal #	status	who has achieved
2 CCs	1	Annette Hexelschneider
2 more CCs	0	
1 ACB, ACS or ACG	0	
one more ACB, ACS or ACG	0	
1 CL, ALB, ALS or DTM	<input checked="" type="checkbox"/>	Renate Dörner (CL)
one more CL, ALB, ALS or DTM	<input checked="" type="checkbox"/>	Günther Aschenbrenner (CL)
4 new members	<input checked="" type="checkbox"/>	Wolfgang Löber, Royce To, Anita Himmelsberger, Alexander Rueprecht
4 more new members	<input checked="" type="checkbox"/>	Deborah Coward, Bettina Kirnbauer, Anna Steinhardt, Zoltan Vador, Karl Biedermann, Laurenz Trawnicek
4 officers trained twice a year	0	
Membership dues renewal report and club officer list submitted on time	<input checked="" type="checkbox"/>	
At least 20 members OR and net growth of at least 5 new members	<input checked="" type="checkbox"/>	



Distinguished Club Program and Club Success Plan

Recognition

5 goals achieved: **Distinguished Club**
 7 goals achieved: **Select Distinguished Club**
 9 goals achieved: **President's Distinguished Club**

CC *Competent Communicator*
 ACB, ACS, ACG *Advanced Communicator Bronze, Silver or Gold*
 CL *Competent Leader*
 ALB, ALS *Advanced Leader Bronze or Silver*
 DTM *Distinguished Toastmaster*



Participants meeting on December 4th, 2007

no foto available Martha Auer	 Karl Biedermann	 Megan Castek	 Annette Hexelschneider	 Andrea Hierman	no foto available Bettina Kirnbauer
 Alois Kroiss	 Elisabeth Kummer	 Andrea Lapitza	 Wolfgang Löber	 Monika Nagel	 Mario Pototschnik
 Peter Sicher	no foto available Winston Smith	 Royce To	no foto available Zoltan Vador	 Evelyn Viehböck	

If there is no photo above your name, please send it to me: andrea.hierman@alconlabs.com.

Guests:

Travis Pittman

Peter Keglovic

Laurenz Trawnicek





Meeting details (December 4th, 2007)

Functions

TM of the evening: Monika
 Table Topic Master: Mario
 General Evaluator: Martha
 Timer: Megan
 Grammarian: Evelyn
 Ah-Counter: Laurenz
 Video Master: Monika
 Ballot Counter: Andrea H.
 Joke Master: Andrea H.
 Evaluator: Alois
 Andrea L.
 Wolfgang L.
 Megan

Word of the day

countermand

to cancel, to revoke

example:

The general may countermand the order

Who used the word of the day:

Monika (obviously as Toastmaster of the evening ;-)), Megan

Table Topics

Saint Barbara

Prepared Speeches



Title	Project/Manual	Name	evaluated by
Ice-Breaker	C1	Bettina	Alois
Live is all about decisions	C4	Liz	Andrea L.
The clever farmer's daughter	A1	Annette	Wolfgang L.
How to manage frustration	A5	Peter	Megan

AND THE AWARDS GO TO ...

Best Speaker: **Peter**
 Best Table Topic Speaker: **Bettina**
 Best Evaluator: **Megan**





Participants of meeting on December 11th, 2007



Günther
Aschenbrenner

no
foto
available

Martha
Auer



Ivan
Berlakovich



Karl
Biedermann



Christian
Bieber



Megan
Castek



Andrea
Hierman



Anita
Himmelsberger

no
foto
available

Joe
Knehs



Alois
Kroiss



Elisabeth
Kummer



Andrea
Lapitza



Wolfgang
Löber



Rolf
Rehe



Peter
Sicher

no
foto
available

Winston
Smith



Anna
Steinhardt



Royce
To



Laurenz
Travnicek

no
foto
available

Zoltan
Vandor



Niko
Viramo

If there is no photo above your name, please send it to me: andrea.hierman@alconlabs.com.

Guests:

Hans Hartmann

Barbara Roth

Isabelle Luidolt





Meeting details (December 11th, 2007)

Functions

TM of the evening: Peter
 Table Topic Master: Liz
 General Evaluator: Joe
 Timer: Royce
 Grammarian: Anita
 Ah-Counter: Megan
 Video Master: -
 Ballot Counter: Anna.
 Joke Master: Anna
 Evaluator: Alois
 Andrea H.
 Günther
 Niko

Word of the day

contemplative

mediative, thoughtful

example:

Something of her contemplative nature appealed to him

Who used the word of the day:

Alois, Anita, Peter, Joe

Table Topics

Christmas with the Royals

Prepared Speeches



Title	Project/Manual	Name	evaluated by
Ice-Breaker	C1	Zoltan	Günther
The 24th of December	C6	Andrea	Niko
Competent Leadership Speech Goalsetting and planing		Christian B.	Andrea H.
Impromptu Speech: How Toastmastering is influencing your life	A5	Hans	Alois

AND THE AWARDS GO TO ...

Best Speaker: **Zoltan**
 Best Table Topic Speaker: **Joe**
 Best Evaluator: **Alois**





This & that

As far as I can remember, for a new member many expressions are confusing in the beginning. To give everybody an overview, TM Andrea Lapitza was so kind to put together a Toastmaster Dictionary for us. Thank you very much for that Andrea!!

Ah-Counter

counts our filling words and sounds like „ah“ during meeting (manual)

Badge

Abzeichen

Ballot

in front of you on the table and is used for written feedback during meeting and the choice of best speakers, evaluators & table topic speakers

Ballot Counter

counts ballots & announces winner(s)

Banner

Fahne

Basic Manual

Grundlagenhandbuch

Club meeting

our club meets every first and third Tuesday between September and July (homepage)

Evaluator

gives written and verbal feedback to the prepared speeches (evaluation guide)

Executive Committee

consists of 7 members/officers (homepage)

Gavel

hammer: is sometimes used to attract our attention

General Evaluator

leads us through the feedback part of our meeting (manual)

Grammarian

makes comments on the use of English and suggests improvement (manual)

Icebreaker

your first prepared speech as a new member (manual)

Immediated past president

provides guidance and often helps in case of emergency

Joke master

tells a joke or a gag/point after the introduction

Lektern

Pult

Mission

goal, target (homepage)

Newsletter Editor

resumes meetings in a written form „Vienna Toastpost“ (TM Andrea H.)

Piggy box

our bright blue little elephant. During our meetings filling words are counted and at the end also our piggy box is fed and gets comfortable. maximum: € 1 per member

Prepared speech

based on the manual (manual)

President

serves as a „club leader“ (TM Niko)

Schedule/Agenda

gives you an overview of each TM meeting

Secretary

makes the minutes during the executive meetings (TM Andrea L.)

Sergeant at Arms

organises room and equipment for the meeting (TM Ivan)

Speech Contest

takes place twice a fiscal year in our club

Table Topics

chance to give an impromptu 1 - 2 minutes talk on a special topic (manual)

Table Topics Master

conducts Table Topic portion: prepares a topic and poses one question by calling on a member to respond within 2 minutes (manual)

Timer

measures the time during table topic session/prepared speeches and gives us a timer report

Toastmaster

original meaning: Within a banquet (s)he announces a toast by standing up and holding a glass as well as introduces other speaker(s).

Toastmaster of the Evening

moderator: guides us through the meeting (manual)

Treasurer

responsible for our budget: incomes and expenditures (TM Christian H.)

Vice President Membership

responsible for (new) members (TM Martha)

Vice President Education

accompanies our learning progress, responsible for agenda (TM Megan)

Vice President Public Relations

responsible for promoting our club outside of the meeting (TM Walter)

Video Master

our prepared speeches are recorded with a video camera and put on a DVD, which you can take home for a caution of € 2 (TM Monika)

Word of the day

During each meeting a new word is announced and described and should be applied as often as possible



This & that

How do you bake your speech?

Fall Conference District 59
November 23rd -25th, Vienna, Austria

With surprise & humour? Well structured? Fishing out all um and ahs before you start? Then you are a winner! Like Mia Benjamin from the TM of The Hague (B2).

She started a real cooking show – How to bake a speech - in the Humorous Speech Contest and finished it with receiving the first prize as her dessert.

Not only did she fill the wonderful idea of baking a perfect speech with lots of jokes but also did she visualize the preparation of our Toastmasters' speeches in a colourful way .

I am sure that many Toastmasters will remember her performance when they prepare their next speech. Perhaps they see her fishing out of the speech pot a thread with paper ums and paper ahs attached and these memory helps them to stay away from „unseemly noises“ in the speech. Thank you Mia!

Runner-ups were the young unimpressive man turned into a perfectly designed executive from the receding hairline to the manicured fingernails (Steven Nelson, Zurich TM, E2) and the man who always followed Mum's advice: „Be you, be true“ which brought him nowhere but at least earned him the laughter of the audience (Paul Talacko, Bohemian TM, D2).

The Fall Conference was my first Toastmasters Conference of that size. I enjoyed it thoroughly. You can learn much by listening to the speeches and taking part in the educational sessions.

Consequently I am now inspired to test all ideas I got there within my next Toastmaster speeches. Of course I am longing for the next contest in my club too.

And there is even more. I am a member of several business networks which I value very much. Yet the positive experience of being immediately included when I joined Toastmaster groups in the conference breaks and during the meals is unparalleled.

Don't hesitate:

You are welcome to attend Toastmaster conferences, you are welcome to take part in contests!!



Annette Hexelschneider

<http://www.euro.centre.org/hexelschneider>

<http://wissensmanagement.terapad.com/>

<http://www.portraetgalerie.at/>



New member



Kalr Biedermann

born in: Klagenfurt
birthday: August 20th

Some words about your profession?

„Business Developing“ means I'm to expand the amount of projects we have with our customers. This implies a lot of relationship management, listening to their needs and proposing the right solutions at the right time to them.

Your middle name?

I think 2 names per person are quite sufficient.

A childhood memory?

I used to be afraid of dogs when I was a small child and used ridiculously long detours to evade the ones in our neighbourhood. This subsided with the years and the help of a friend who had a beagle and showed me dogs were not so bad after all.

The most beautiful thing you can buy for money?

An isolated, green island

A bad habit?

I do not keep everything in perfect order.

A weakness you should be forgiven for?

my love for any kind of sweets

My ideal Sunday breakfast starts with...

coffee, ham, eggs, cheese, bread, orange juice...

Love is

always to try to make the other feel like you do when you are happy

What do you want to learn in future?

How to: Capture the audience's attention until the last moment and make them receive and understand exactly the message I send

How did you come to Toastmasters?

A friend of mine invited me

Which three things would you take along to a deserted island?

If we only talk about THINGS : my favourite book, some writing material and my mp3-player

What do you always carry in your handbag/wallet?

my credit card

Your favourite holiday destination?

Spain

My last sentence should be (when I die)?

So, what's next ?

My career aspiration when I was a child?

Honestly, I wanted to become a Bishop (not a mere priest :-)) Things have changed in my system of „beliefs“ since then.

Your hobbies?

Jogging, dancing, tennis, reading books

A clever sentence which is not from you?

Success is a lousy teacher. It seduces smart people into thinking they can't lose. (Bill Gates)



New member



Laurenz Trawnicek

born in: Vienna
birthday: March 1st

Some words about your profession?

As a manager biometrics I am responsible for the correct processing and analysis of data collected in clinical trials

Your middle name?

My middle name is my forename: Laurenz; my official first name, according to the birth certificate, is Andreas - but don't expect a response if you call me by it

A childhood memory?

Chopping firewood in grandmas barn after school

The most beautiful thing you can buy for money?

Luckily the best things in life are free!

A bad habit?

To pile up used cloth on the bedside chair

A weakness you should be forgiven for?

Impatience

My ideal Sunday breakfast starts with...

peeking out of the sleeping bag

Love is

one of the less subtle inventions of evolution

What do you want to learn in future?

I think of learning some basic Italian

How did you come to Toastmasters?

According to The Book of Lists, the fear of public speaking ranks number one in the minds of the majority of people. I came across the Toastmasters when I looked up this quote in the internet

Which three things would you take along to a deserted island?

A spade, a metal bucket, a lighter (being serious and pragmatic on the old eat-or-get-eaten game)

What do you always carry in your handbag/wallet?

My driving license and the Alpine Association membership card

Your favourite holiday destination?

Rocks and Ice

My last sentence should be (when I die)?

What's that mysterious ticking noise?

My career aspiration when I was a child?

I wanted to become a writer of adventure stories

Your hobbies?

Mountaineering, especially rock climbing; literature

A clever sentence which is not from you?

If a man will begin with certainties, he shall end in doubts; but if he will be content to begin with doubts, he shall end in certainties (Sir Francis Bacon)